

# ORANGE COUNTY, VIRGINIA

## OFFICE ON YOUTH

ALISHA L. I. VINES  
DIRECTOR

avines@orangecountyva.gov  
PHONE: (540) 672-5484  
FAX: (540) 672-2311



ADDRESS:  
146 MADISON ROAD  
SUITE 258  
ORANGE, VA 22960

**To:** Orange County Board of Supervisors

**From:** Alisha Vines, Office on Youth Director *AV*

**Through:** Julie Jordan, County Administrator *JJ*

**Date:** October 14, 2011

**Subject:** CSA Monthly Report

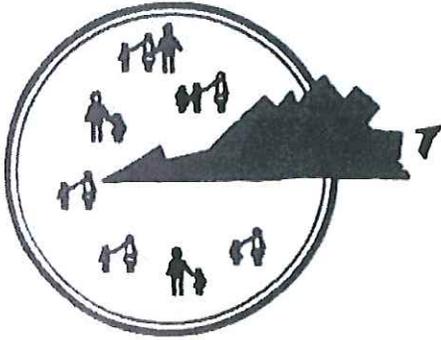
Please find attached the August/September Report for CSA. FY2011 was a very challenging year for Orange County CSA, however, the FAPT and CPMT teams worked very hard with Letitia in keeping costs down as much as possible. As a result of their hard work, we were able to end the year within our appropriated budget.

As we have stated on several occasions, we remain very concerned regarding some of the more recent changes to Medicaid funding eligibility as well as the state policies regarding possible paybacks. These changes could have a dramatic effect on the services we help coordinate as well as the local CSA budget.

We will keep the Board informed of all of these current and any future issues that may arise and we truly appreciate your continued support. Please review the attached report and let myself or Letitia know if you have any questions.

Cc: Letitia Douthit  
File

10/14/11



COMPREHENSIVE SERVICES FOR AT-RISK YOUTH AND FAMILIES  
ORANGE COUNTY COMMUNITY POLICY & MANAGEMENT TEAM  
ORANGE COUNTY FAMILY ASSESSMENT & PLANNING TEAM  
146 Madison Road, Suite 258  
Orange, Virginia 22960  
PH: 540-661-5459  
FAX: 540-672-2311  
[E-Mail: ldouthit@orangecountyva.gov](mailto:ldouthit@orangecountyva.gov)

## Comprehensive Services Act Program Information

FY 12 County Budget:\$2,302,987.00

Current YTD Expenses (July and August) and Projections as of 9/30/11 for the Fiscal year:

	Expenses	Projections	Total
5651	\$82,849.92	414,249.60	497,099.52
5652	\$139,535.22	697,676.10	837,211.32
5653	\$65,904.32	329,521.36	395,425.68
			<u>\$1,729,736.52</u>

As of 9/30/11 our projections are showing us under budget by \$573,250.48. Please be aware it is early in the year and the projection numbers will fluctuate as children enter and exit the program. The numbers may also fluctuate due to the youth and families needs.

As of September 30th, we are serving 77 Youth/Families compared to 71 at end of the 2nd quarter in FY 11

Total Foster Care funded by CSA: 32\*\*

- \*\* 8 are court placed – to include charges of assault & battery, sexual offenses, breaking & entering, destruction of property, etc.
- Residential Placements YTD: 10

Foster Care Prevention: 37

Special Education Private Day placement (IEP): 1

Special Education Community Wrap Services: 7

Concerns going forward into FY12:

- VICAP assessments done by the CSB in order to access Medicaid funding
- Stricter Medicaid requirements resulting in Medicaid not covering as many services/Youth
- New SEC Denial Policy
- Possible Mental Health changes – see attached
- The closing of Sheltering Arms
- Increase in Residential Costs: average 15,000 to 35,000 per month

Costs of Services (average):

- Intensive Care Coordination: \$750/m
- Teaching Parent Services: \$30/hr
- Mentoring: \$42/hr
- KEYS Program (Counseling Interventions): \$52/hr
- In Home counseling: \$62/hr
- Therapeutic Day treatment in schools/community: \$108/d
- Therapeutic Behavioral Aide schools/community \$38/hr

<http://www2.timesdispatch.com/news/2011/sep/29/tdmain01-va-seeks-mental-health-changes-ar-1344889/>

# Richmond Times-Dispatch

Published: September 29, 2011

[Home](#) / [news](#) /

## Va. seeks mental health services changes

By Michael Martz



Virginia is about to roll out a proposal for changing the way the state administers Medicaid-reimbursed mental-health services for children and adults.

The state Medicaid program is expected to issue a draft request for proposals in early October for a private contractor to coordinate the care of people who need a wide range of mental-health services in their communities.

The initiative, part of a budget compromise reached this year in the General Assembly, would test the use of managed or coordinated care under the federal Medicaid program for people who need community mental-health services to avoid more costly institutional care.

Virginia already uses managed care for clinical services, such as inpatient psychiatric care, outpatient therapy and medication management, but this proposal would encompass almost all community-based rehabilitative mental-health services for thousands of children and adults.

"These are the critical services that can keep people out of hospitals," said Mary Ann Bergeron, executive director of the Virginia Association of Community Services Boards.

The state's 40 community services boards would keep a central role under the proposal by retaining Medicaid reimbursement for targeted case management of people's mental-health needs.

The CSBs also would continue to be among the providers of services that a private entity would coordinate under a state contract that would take effect on July 1, 2012.

The Department of Medical Assistance Services does not have a projected date for releasing the final bid request, but the CSBs and other providers say they expect it by late November.

The proposed new system would attempt to reduce the costs of the services to the Medicaid program by moving away from the traditional "fee for service" model to one that ultimately would have a private entity coordinating care for a contractual fee — and the risk that comes with it.

"The overall goal of the project is to improve the value of behavioral health services purchased by the Commonwealth of Virginia without compromising access to behavior health services for vulnerable populations," said Cynthia B. Jones, state Medicaid director, in a memo to service providers last week.

For two years, the contractor would act only as an administrator of Medicaid services for people with mental-health needs. In the third year of the contract, the vendor would assume the risk of providing the services.

The phased approach would give the state time to test tools for coordinating care, without jumping directly into a managed-care system, providers say.

"I think it's a better approach than what had originally been put in budget language in 2010," said Bergeron, who was part of a compromise for requiring the project in this year's state budget.

Mental-health advocates await the draft proposal with both eagerness and trepidation. They say care could improve with better coordination and money would be saved by keeping people out of institutions.

They want the state to reinvest any savings into better community services so children and adults can get help early and avoid institutional care.

"We're looking at how the service delivery system will be improved, and how the savings will be used," said Mira Signer, executive director of the National Alliance for the Mentally Ill-Virginia.

But they also worry about putting a private contractor in charge of a system that already is spread thin.

"We're obviously very nervous about a for-profit entity coming in and taking resources out of the system when resources are precious and we need more of them," said Margaret Nimmo Crowe, senior policy analyst at Voices for Virginia's Children.

Secretary of Health and Human Resources Bill Hazel said the proposed coordinated care system would be different from the kind of managed care he experienced as an orthopedic surgeon in Northern Virginia.

"Managed care was all about the price," Hazel said. "It was the gatekeeper whose job was to say 'no.'"

In the proposed system, he said, "We want to ensure that individuals are getting the care they need in the appropriate setting when it's needed."

---

Richmond Times-Dispatch © Copyright 2011 Media General Communications Holdings, LLC. A Media General company.